Ground Rules:

- I will be responsible for the success of this committee and for what I get from this team experience.
- I will respect differences and agree to disagree if needed.
- I will be supportive rather than judgmental.
- I won't discount others' ideas.
- I will directly and openly give feedback that is constructive, specific and focuses on the task and process and not on personalities.
- I will be willing to forgive.
- I will avoid using "trigger words" and contentious "body language". I must remember that how I say something is just as important as what I say.
- I will be open to new concepts and to concepts presented in new ways.
- I will keep an open mind and appreciate other points of view.
- I will relax, be myself and be honest. I will give my collegues the freedom to do the same.
- I will be willing to make mistakes.
- I will actively participate and I understand that silence is agreement.